## MOORSIDE PARK RUN CLUB MEMBERSHIP APPLICATION

We are very pleased to welcome you to Friends of Moorside Park Run Club.

Our membership runs from  $1^{st}$  May  $- 30^{th}$  April and is £5 per year, £2 of this goes towards the Friends of Moorside Park and £3 goes towards ongoing running costs of Run Club.

Any members who are under 18 will also need their parents/carer to complete a waiver form.



Name:

Address:

Postcode:

Email Address:

Telephone Number:

## **TELL US ABOUT YOURSELF**

How did you heard about the group:

We love to use social media to help to share the Run Club love, so feel free to share your details below so we can tag you into our posts and help tell everyone how amazing our Run Club is!

Twitter:

Instagram:

## OFFICIAL STUFF

- I certify that the information given above is correct.
- I have read the FOMPRC Values (overleaf) and agree to abide by them.
- I am medically fit and understand that I participate/enter in any club activities/events entirely at my own risk.
- I agree that FOMP Running Club shall not be liable for any accidents, injury, loss, damage or claim or expense that may arise in consequence of my participation in club activities/events.
- I understand it is my responsibility to register for each weekly session I am attending (via RunTogether page) and to sign in and out of session.

When you become a member of or renew your membership with FOMPRC you will create an account for you on RunTogether (part of England Athletics) this will allow you to register/book onto your weekly sessions with us. As part of your membership, you will automatically become a 'Friend' of Moorside Park.

Signature:

Date:

www.moorsideparkfriends.org.uk





## **FOMPRC** Values

- Firstly remember to register for the weekly run by midday on the Monday
- O Own person......pick a route to challenge yourself but also dont feel pressured to try & keep up with others
- Memorise the route before you come
- Please be considerate to our neighbours (especially when parking)
- $\mathbb{R}$  Remember to sign in and out of each session
- C Cheer loudly, it's always nice to recognise the achievements of others (and tell everyone how brilliant our run cub is)